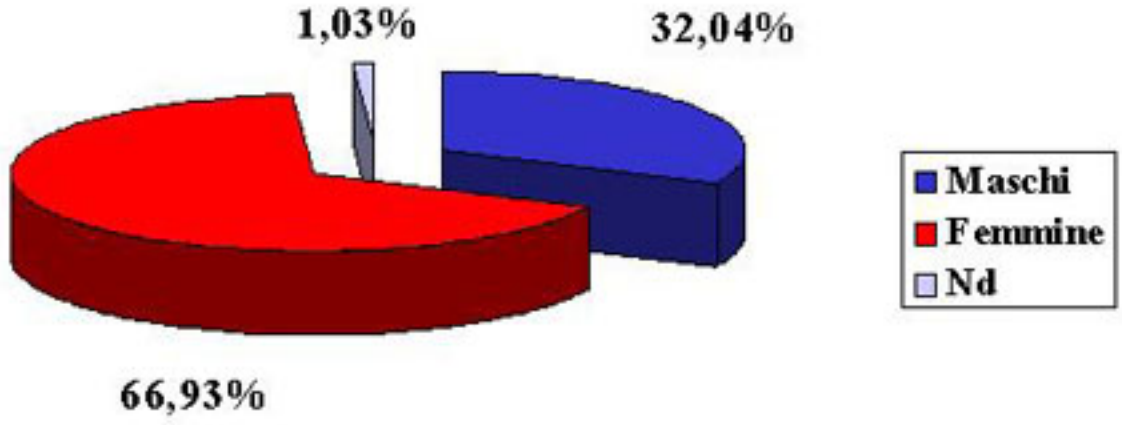
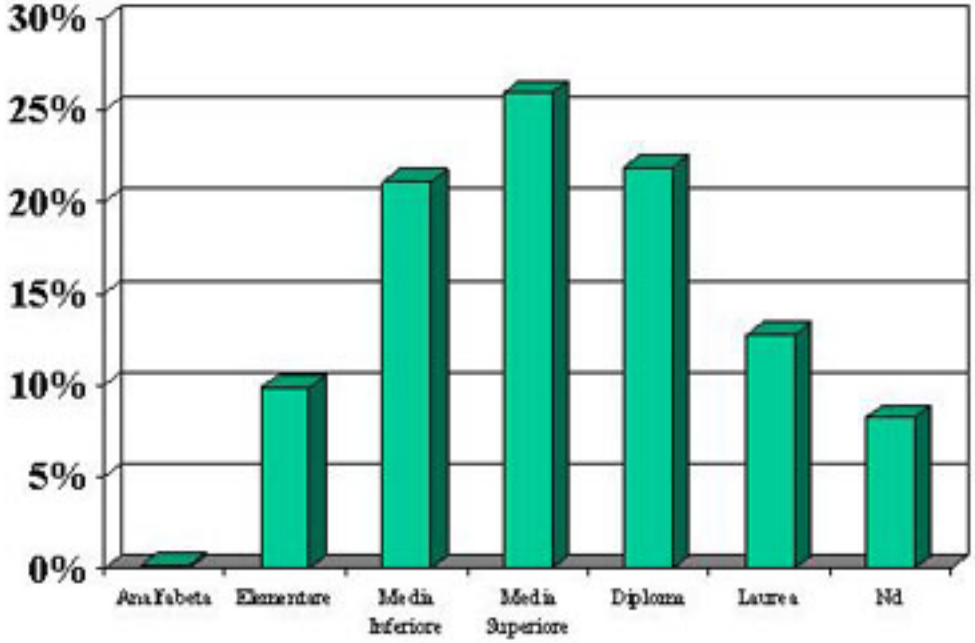
Obesity Day Questionnaire 2004

- 79 centri partecipanti
- 5128 questionari elaborati
- Età media 48.8 anni
- BMI medio 25.64 Kg/m^2

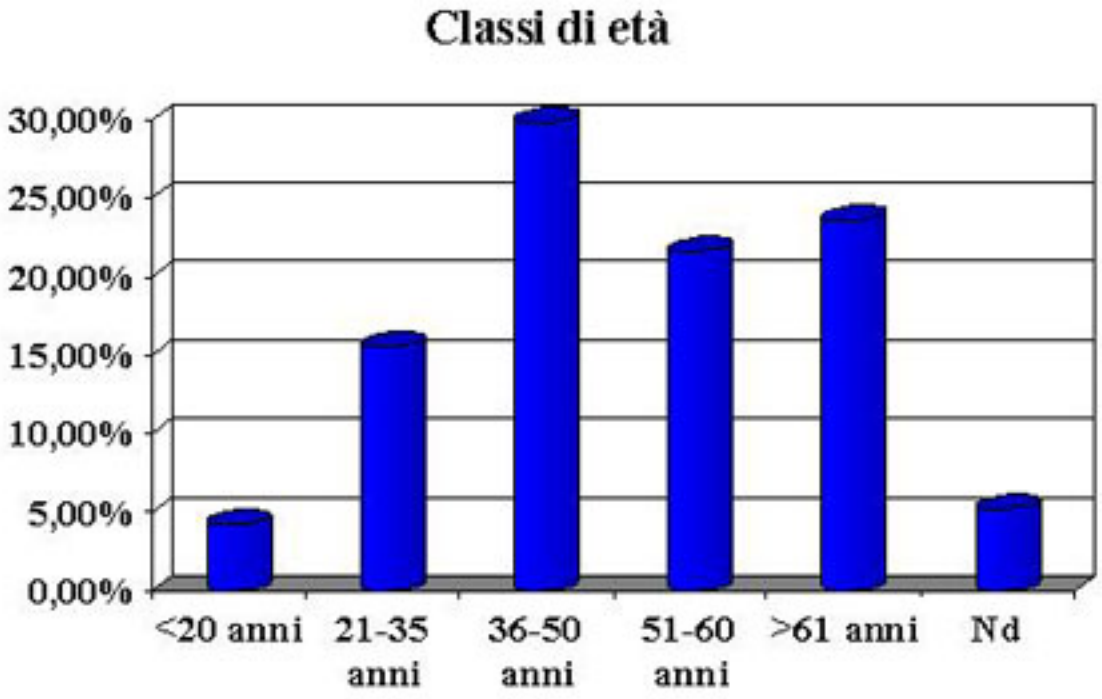
Obesity Day 2004



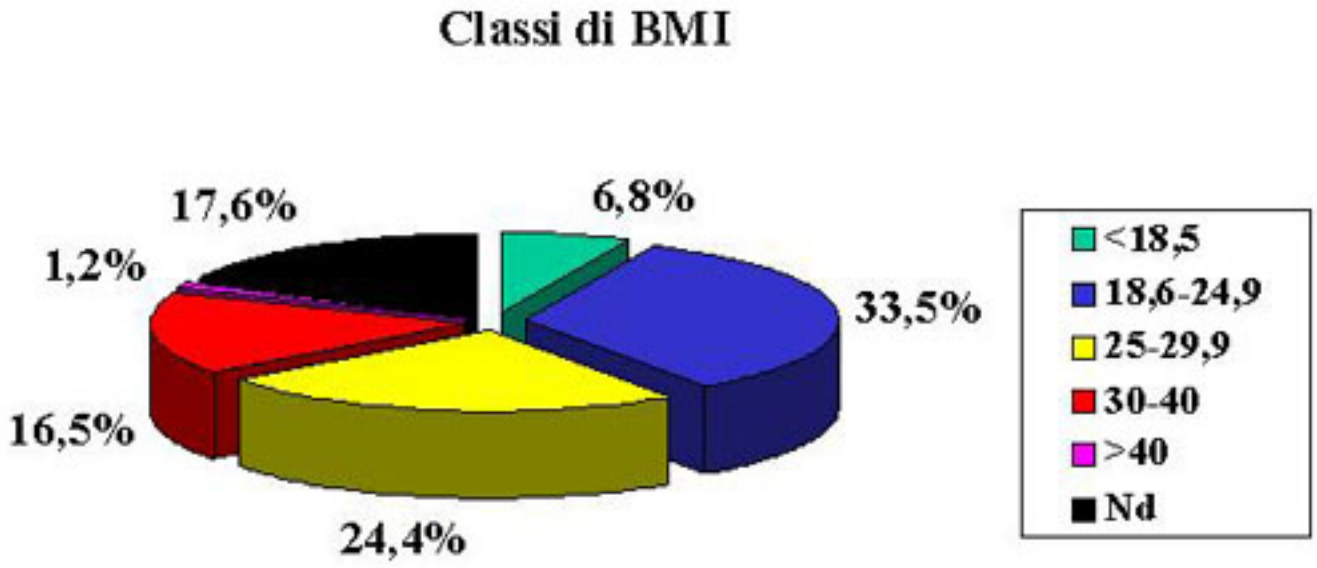
Obesity Day 2004



Obesity Day 2004

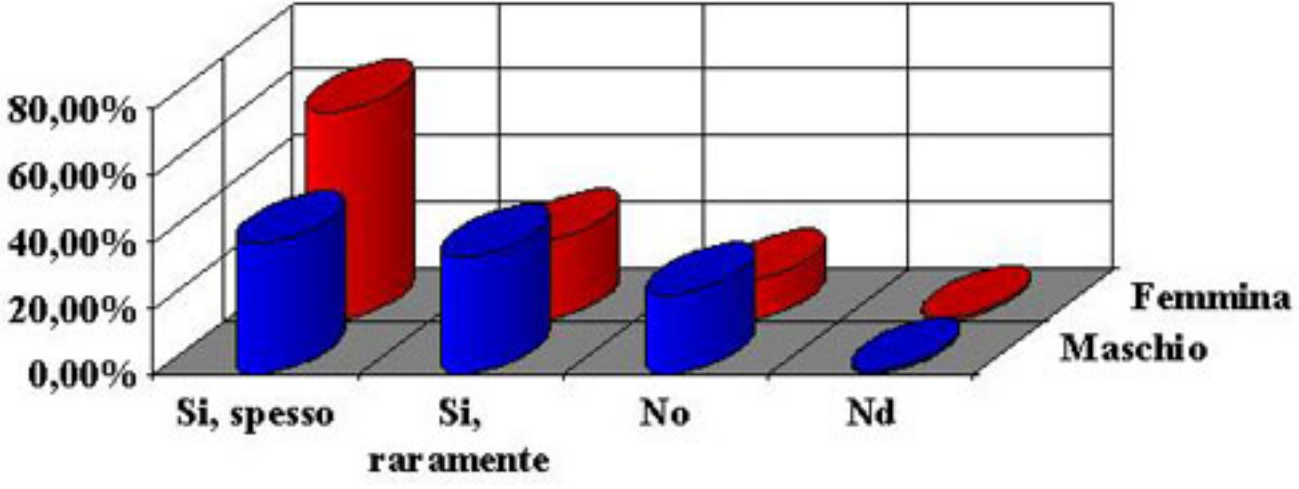


Obesity Day 2004



Obesity Day 2004

Si è mai preoccupato per il suo peso corporeo?



Obesity Day 2004

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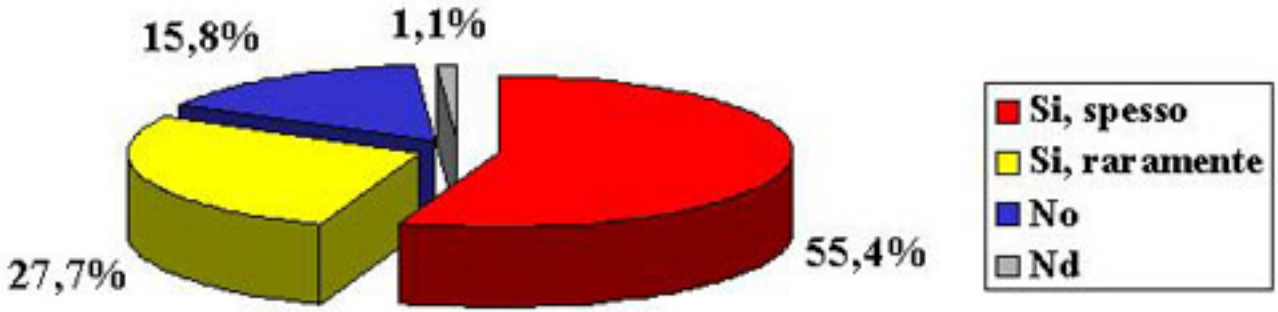
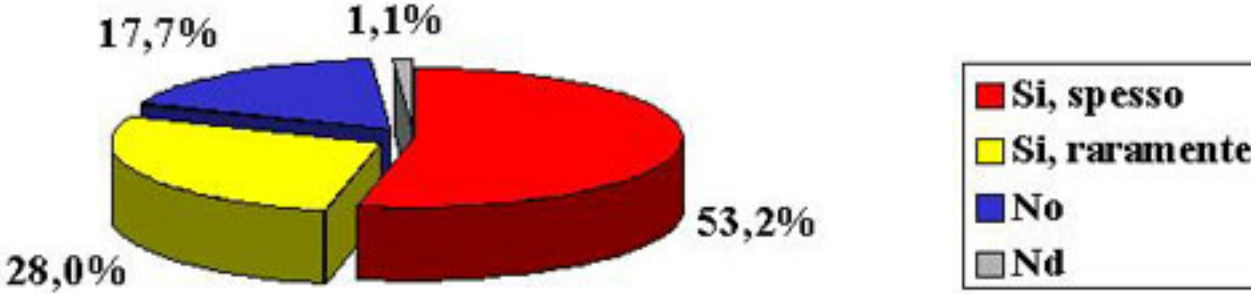


Obesity Day 2004

Si è mai preoccupato per il suo peso corporeo?

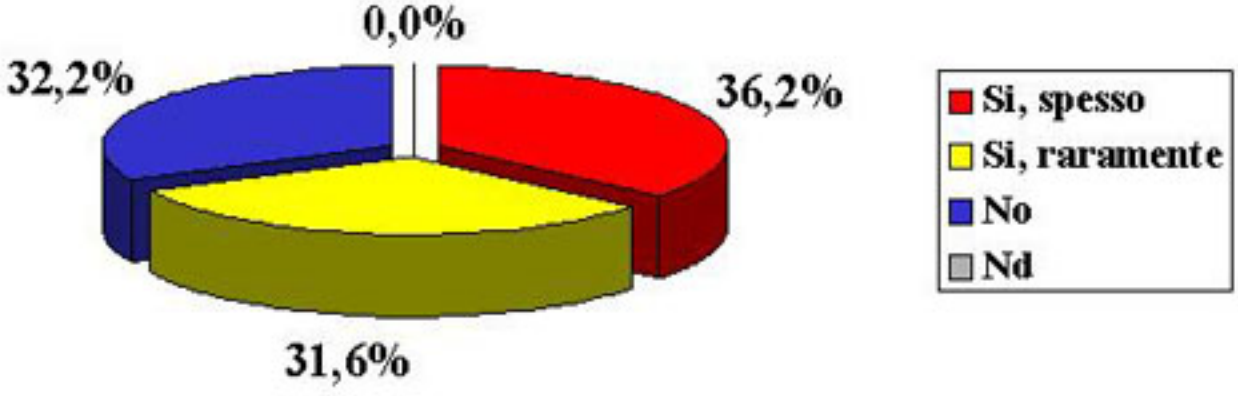
Categoria dei normopeso



Obesity Day 2004

Si è mai preoccupato per il suo peso corporeo?

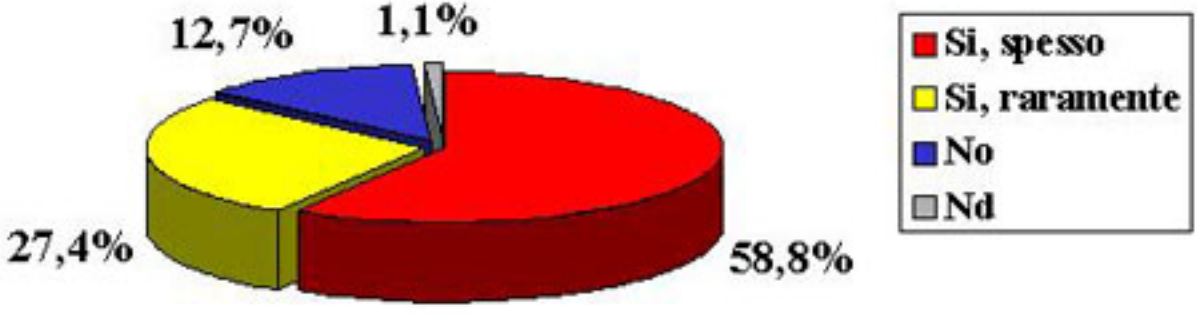
Categoria dei sottopeso



Obesity Day 2004

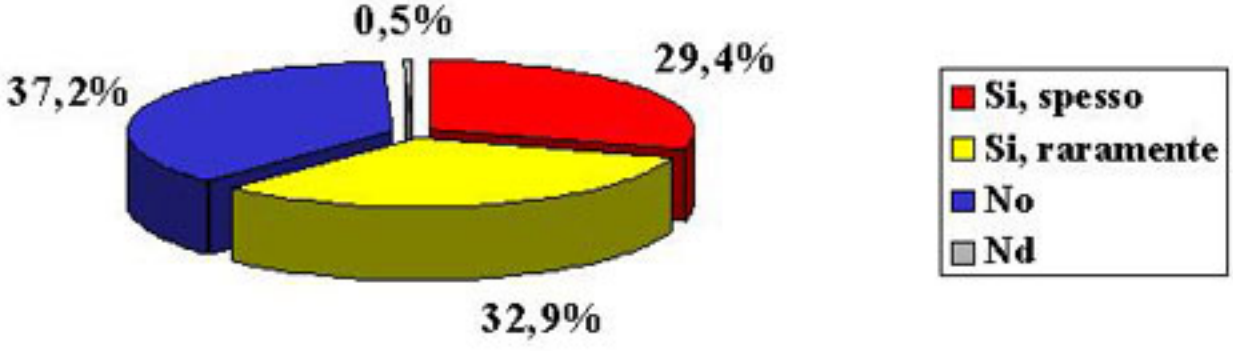
Si è mai preoccupato per il suo peso corporeo?

Categoria dei sovrappeso-obesi



Obesity Day 2004

Le è mai capitato di fare una dieta per dimagrire?



Obesity Day 2004

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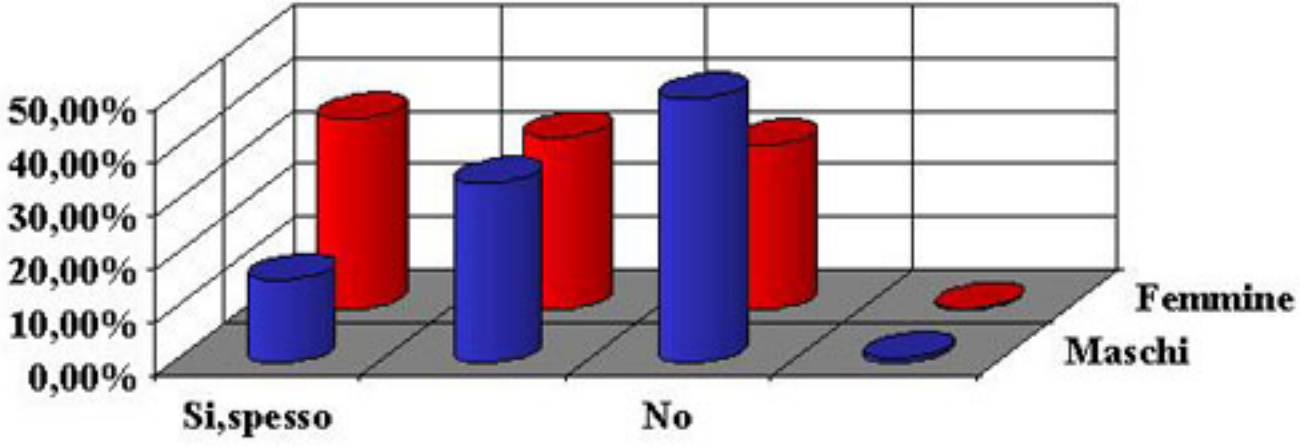
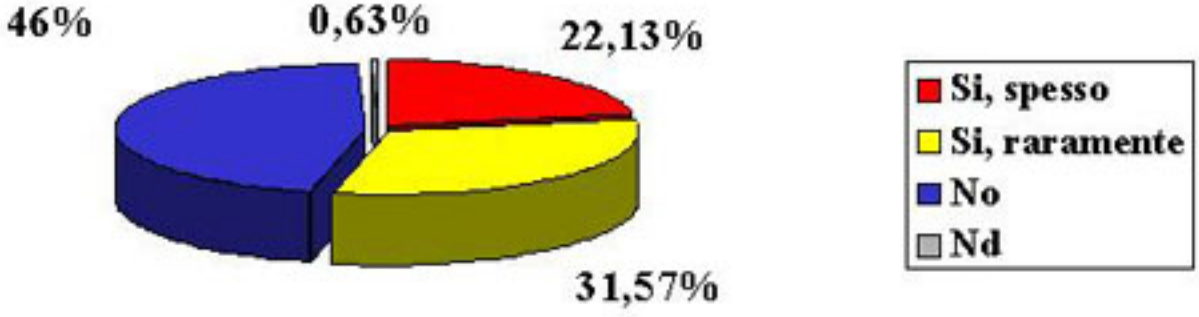


Obesity Day 2004

Le è mai capitato di fare una dieta per dimagrire?

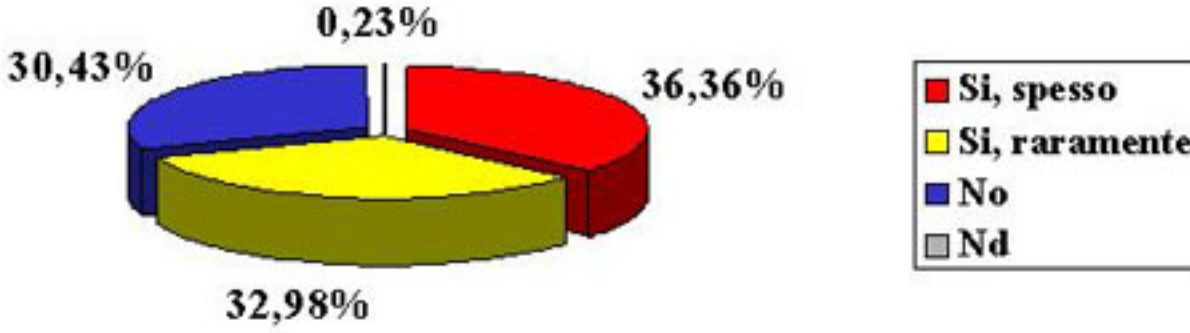
Categoria sottopeso-normopeso



Obesity Day 2004

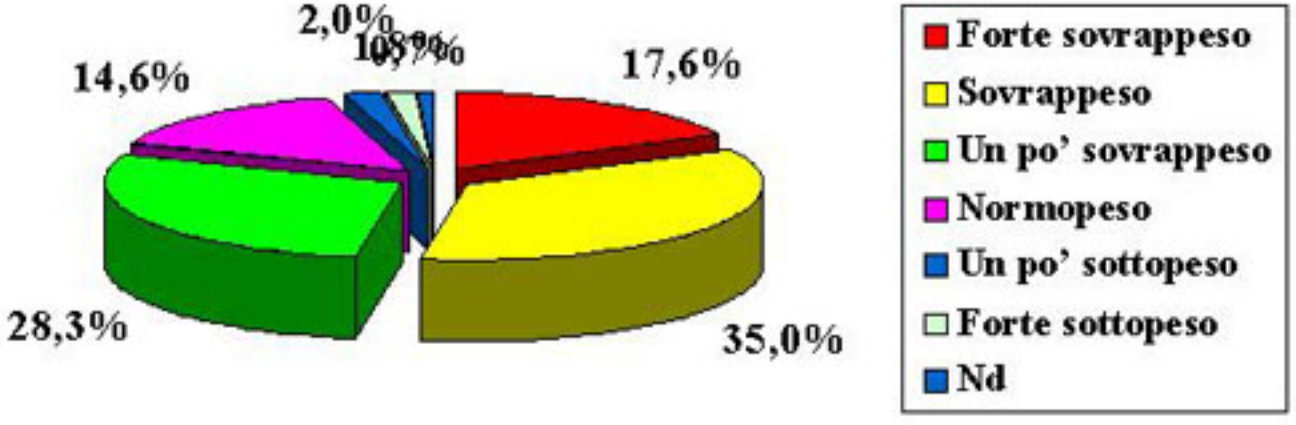
Le è mai capitato di fare una dieta per dimagrire?

Categoria sovrappeso-obesi

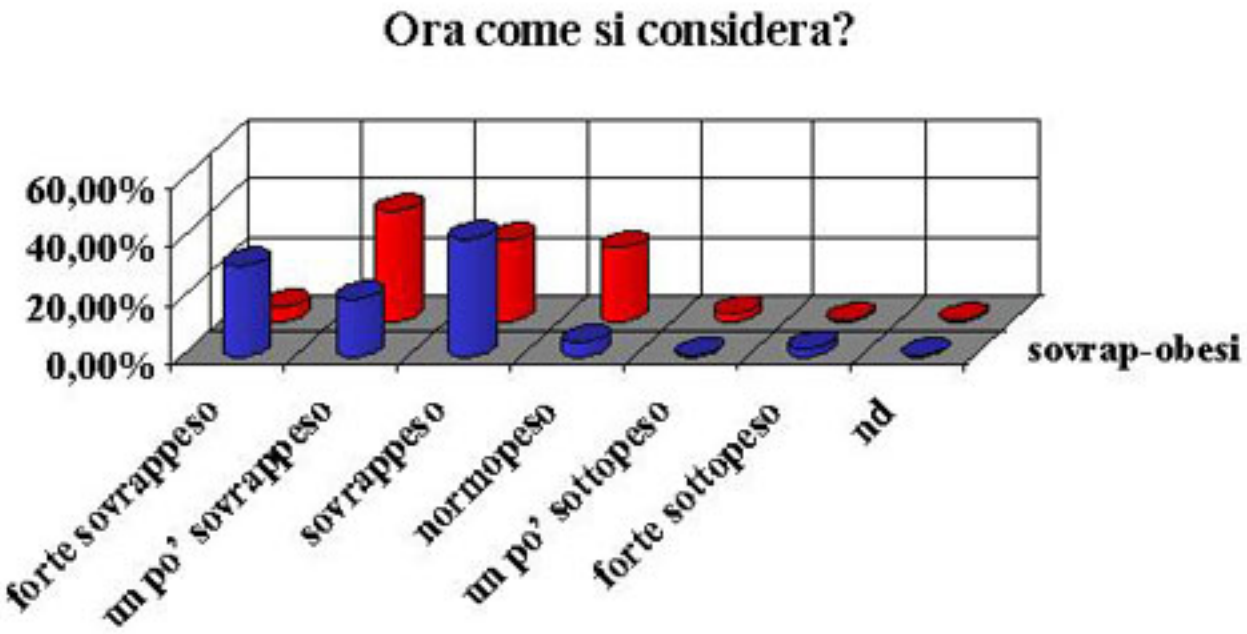


Obesity Day 2004

Ora come si considera?

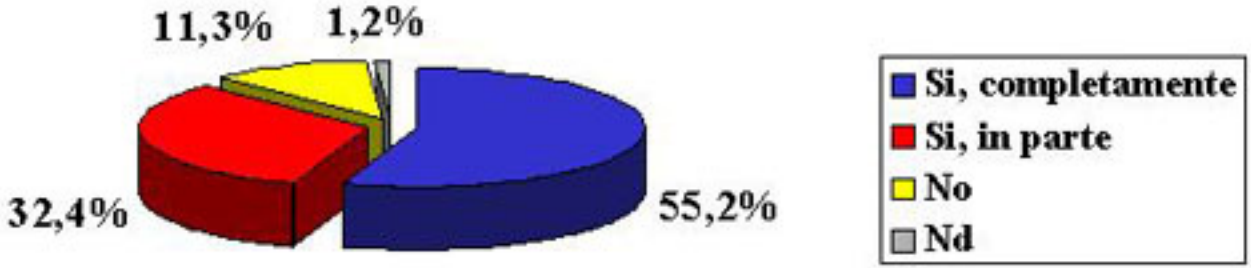


Obesity Day 2004



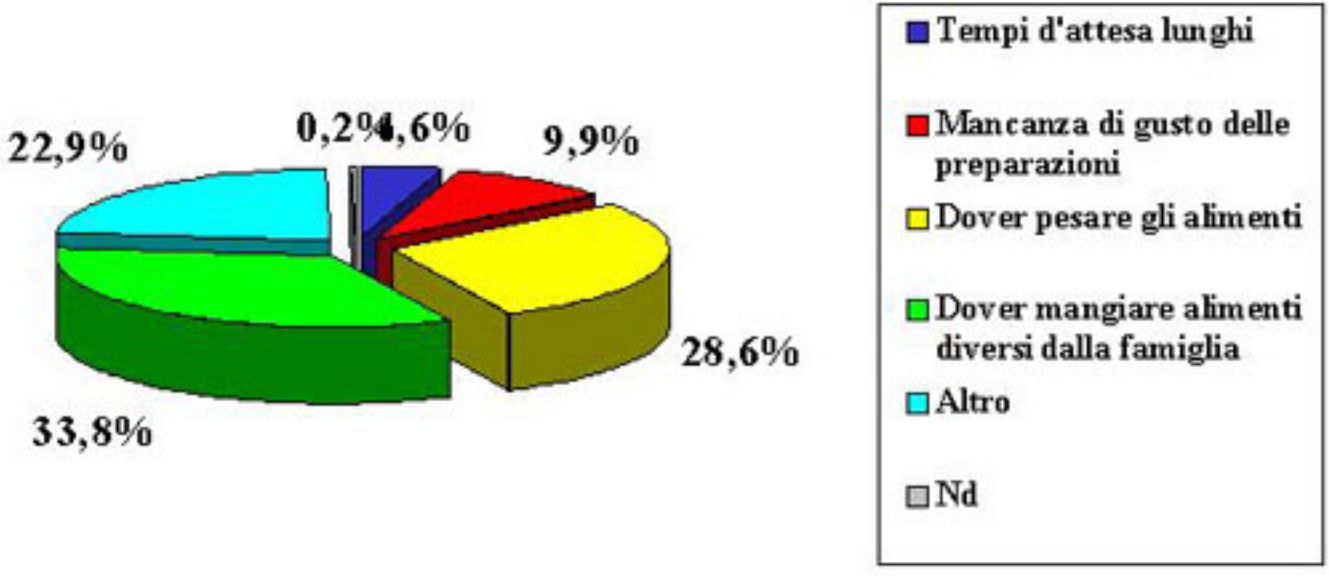
Obesity Day 2004

Ha recuperato il peso perduto?



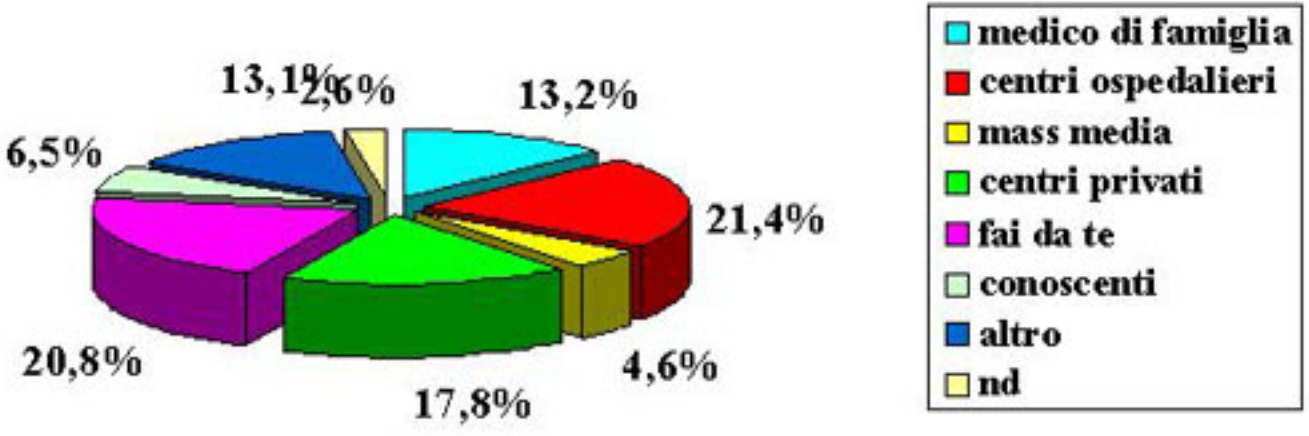
Obesity Day 2004

Quali sono state le maggiori difficoltà nel seguire una dieta?



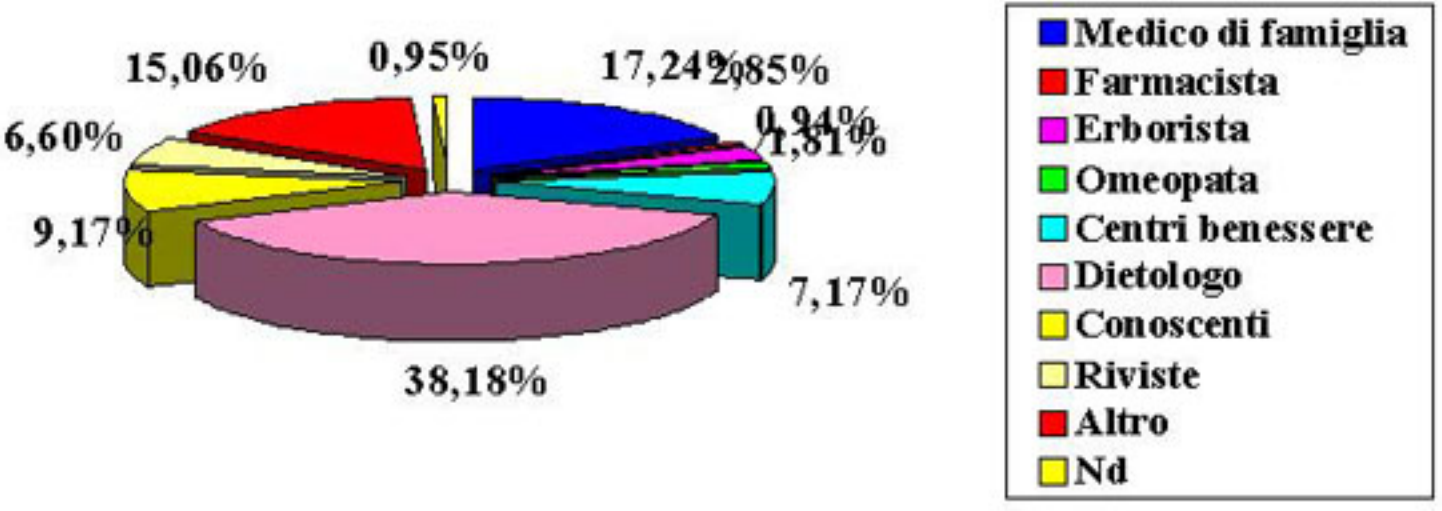
Obesity Day 2004

Da chi ha avuto la dieta?

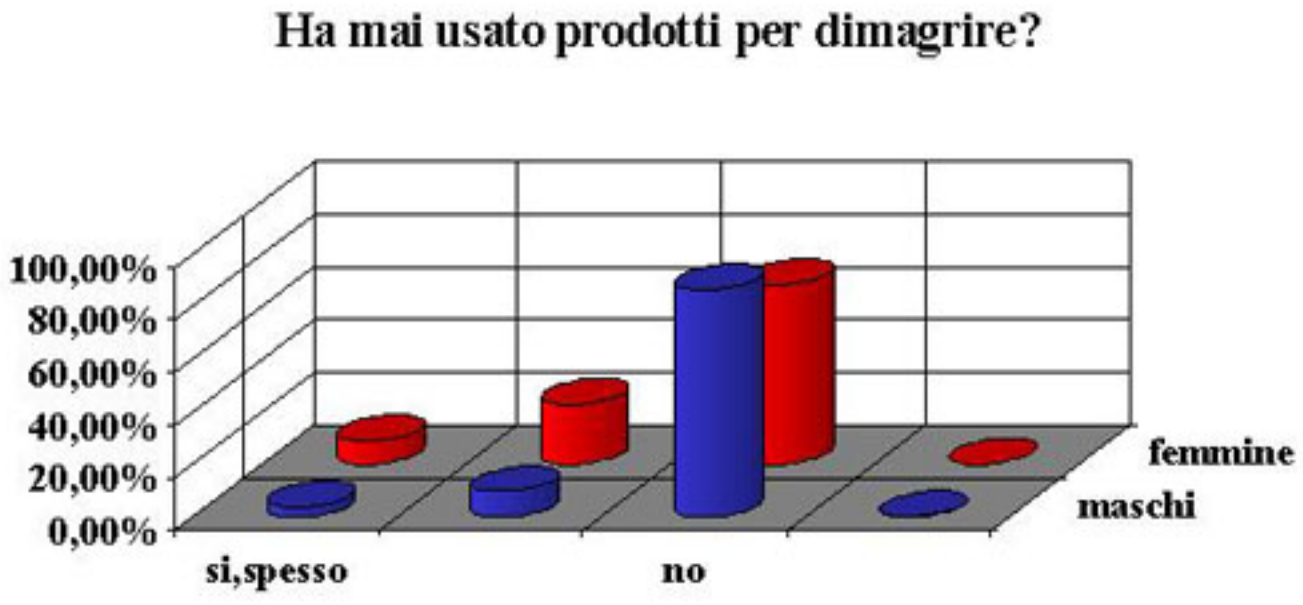


Obesity Day 2004

Se ha mai fatto una dieta, a chi si è rivolto per primo?

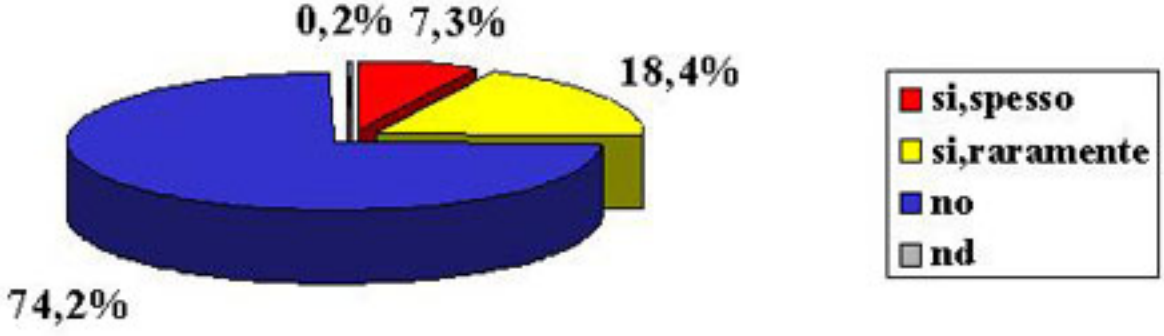


Obesity Day 2004

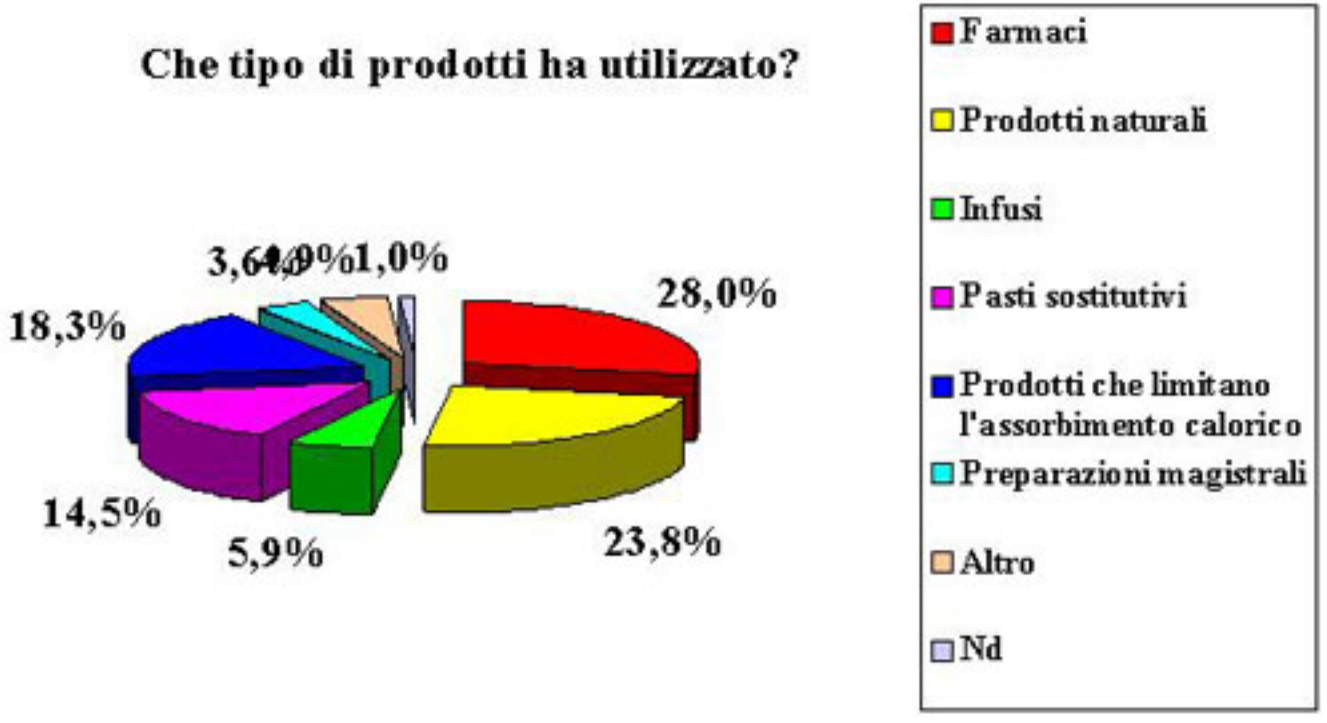


Obesity Day 2004

Ha mai usato prodotti per dimagrire?

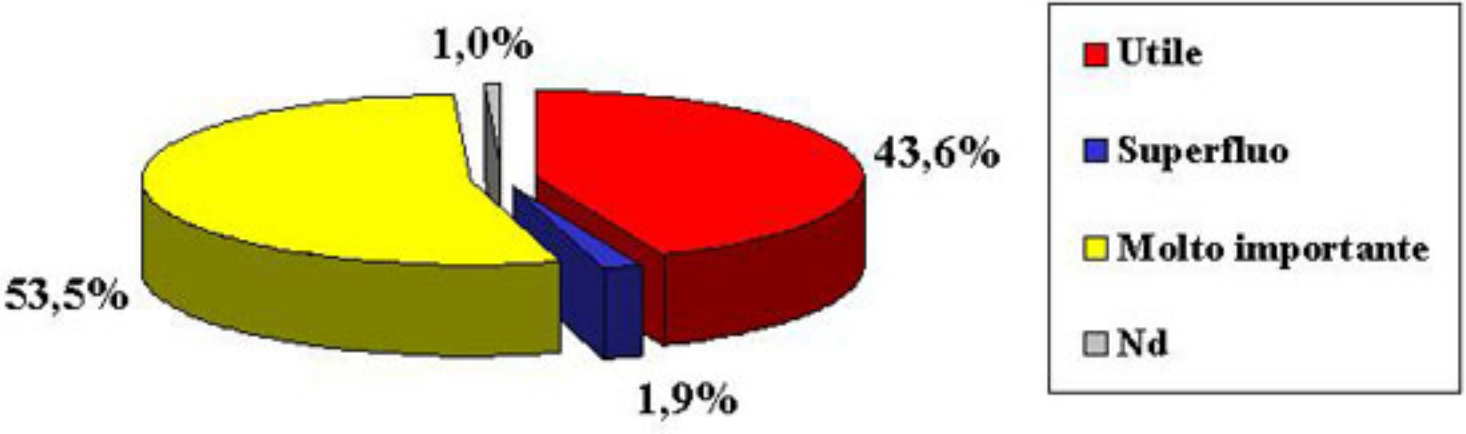


Obesity Day 2004



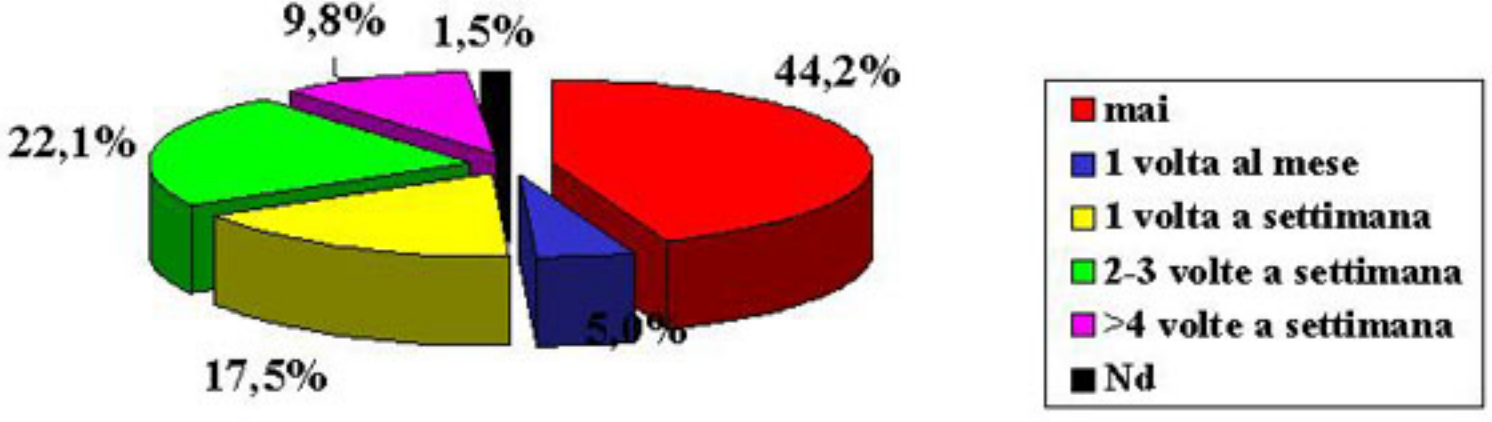
Obesity Day 2004

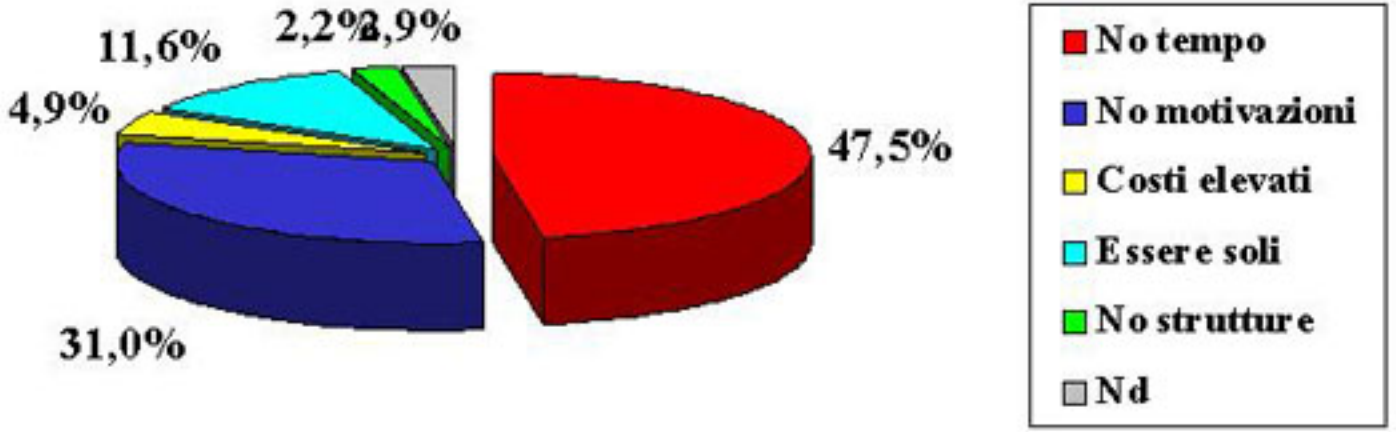
Ritiene che fare regolarmente attività fisica per un buon controllo del peso sia:...?



Obesity Day 2004

Nel tempo libero pratica dello sport?



Obesity Day 2004

Se non fa sport quali motivazioni la inducono a non praticarlo?